

JANUARY 2026

GECAC NORTH EAST SENIOR CENTER

50 East Main Street, North East, PA 16428 (814) 725-5195

CENTER HOURS

Tuesday thru Friday

9:00 a.m. to 3:00 p.m.

Lunch Served at

12:00 Noon

(\$2.00 Donation/person)



Daily Lunches

GECAC provides lunches for Seniors 60 and older Tuesday through Friday at our Center. We serve promptly at 12:00 noon on those days. Meal Donation is \$2.00 per person per day. This fee does not apply to special events. We are asking that you sign up on the sheets near the front entrance two weeks in advance. This will help the kitchen staff plan better for our daily numbers. If you sign up and can't attend, please give us a call. Our preference is to have too many meal versus not enough. We order a few extra meals each day to cover for visitors. If you forget to sign up when you are at the Center, just give us a call and we will be glad to add you to the list.

How Do Donations and Fundraised Dollars Help Our Center

Meal Donations help to off-set the cost of meals. On average, the actual cost of the meal is over \$5.00. Meal donations also help maintain or replace equipment. These dollars are vital to maintaining the Center and its daily operations. Booster and Fundraiser Donations help pay for parties, entertainment, snacks and more. They also help pay for programming like exercise, craft classes, computer usage and more. These dollars are vital to your programming options and enjoyment of the Center. Donations and Fundraisers are all voluntary; however please continue to support your Center by whatever means you are able. The Center and their services mean so much to so many and your support goes a long way towards helping your Center continue to offer programming and services



We are having TACO SALAD on Thursday, January 22, 2026. After lunch we will have a Special Bingo Day for prizes. Come and join in on the fun!



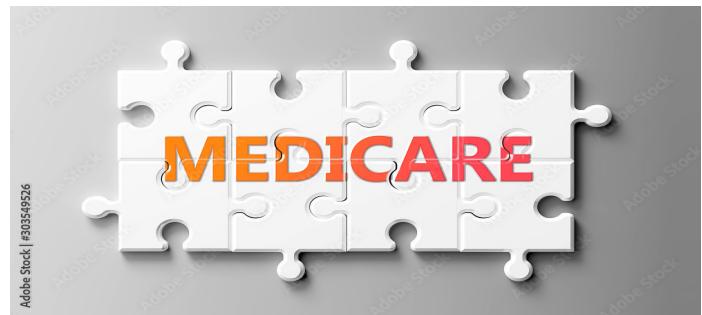
GECAC's Inclement Weather Protocol

Remember that during the winter months, if the North East School District has a two hour delay, or, closes for the day; our Center will be Closed. Please Watch TV Stations (12, 24 or 35) to keep informed.

Please remember to bring an extra sweater during the winter to help keep you warm in the Center. Also, we would appreciate it, if you would bring an extra pair of shoes, or, slippers and remove your boots at the door. This will help keep our floors dry/safe during the winter months.

Thank you!

The GECAC North East Senior Center, Operated by Greater Erie Community Action Committee Area Agency on Aging, is funded in part by PA Dept. of Aging: Dr. Ben Wilson GECAC CEO, Ray Maholtz, AAA Division Manager.



MEDICARE OPEN ENROLLMENT

Medicare Advantage Plan Open Enrollment begins January 1st and ends March 31st. Must already be enrolled in Medicare Advantage Plan to make changes during this period. Please see Kathy to make an appointment if you need to make changes. You can...

Switch to another Advantage Plan with or without drug coverage.

Drop your Medicare Advantage Plan and return to original Medicare.

Or join a Medicare Drug Plan.



REMINDER TO EVERYONE HANDICAP PARKING

Please leave the handicap parking spots for individuals who truly need them. This includes using the area near the grass next to the benches. We have several consumers that have difficulty walking into the building and may not have a HANDICAP placard for their vehicle, but need to park close to the door. Thank you for your co-operation!



GECAC NORTH EAST SENIOR CENTER JANUARY 2026 EVENTS



JANUARY BIRTHDAY'S

1 Bruce
Kaltenbaugh

7 Gail Johnson

11 Shirley
Nollinger

15 Jera Krebs

26 Patricia Mining

29 Karen Wagner

Birthday cupcakes



Mon	Tue	Wed	Thu	Fri	Sat
			CLOSED FOR HOLIDAY	1 CLOSED FOR HOLIDAY	2 9:00 a.m. North East Crazy Quilters
1 Bruce Kaltenbaugh	5 7 Gail Johnson	6 10:00a Computer 10:30a Games 12:00p Lunch 12:00p Bridge	9:30a Exercise 10:30a Games 12:00p Lunch	7 10:00a Games 11:00a Tai Chi 12:00p Lunch 12:30p Scrap- booking	8 9:30a Arthritis Exercise 10:30a Games 12:00p Lunch
11 Shirley Nollinger	12 15 Jera Krebs	13 10:00a Computer 10:30a Games 12:00p Lunch 12:00p Bridge	14 9:30a Yoga 10:30a Games 12:00p Lunch	15 10:00a Games 10:30a NURSE 11:00a Tai Chi 12:00p Lunch	16 9:00a Quilters 9:30a Arthritis Exercise 10:30a Games 12:00p Lunch
15 Jera Krebs	19 26 Patricia Mining	20 10:00a Computer 10:30a Games 12:00p Lunch 12:00p Bridge	21 9:30a Exercise 10:30a Games 12:00p Lunch	22 10:00a Games 11:00a Tai Chi 12:00p Lunch 12:30p Scrap- booking	23 9:30a Arthritis Exercise 10:30a Games 12:00p Lunch
26 Patricia Mining	26 29 Karen Wagner	27 10:00a Computer 10:30a Games 12:00p Lunch 12:00p Bridge	28 9:30a Yoga 10:30a Games 12:00p Lunch	29 10:00a Games 11:00a Tai Chi 12:00p Lunch	30 9:30a Arthritis Exercise 10:30a Games 12:00p Lunch
29 Karen Wagner					31





GECAC NORTH EAST SENIOR CENTER JANUARY 2026 MENU



Tue	Wed	Thu	Fri
		CLOSED FOR HOLIDAY 	CLOSED FOR HOLIDAY 
Pork Roast Scalloped Potatoes Zucchini Fruit Cup	6 Stuffed Chicken Breast Sweet Potatoes Vegetables Fruit Cup	7 Cheeseburger Potato Wedges Coleslaw Fruit Cup	8 Chicken ala King Biscuit Green Beans Fruit Cup
Oven Fried Chicken Macaroni 'n' Cheese Brussel Sprouts Fruit Cup	13 Country Fried Steak Mashed Potatoes Broccoli Fruit Cup	14 Chicken and Noodles Mixed Vegetables Jell-o	15 Stuffed Pepper Brown Rice Toss Salad Ice Cream
Broccoli Soup Chicken Salad Pita Fruit Cup	20 Swedish Meatballs Noodles Peas Ice Cream	21 Taco Salad Day Dessert	22 Meatball Sub Spinach Salad
Beef Stew Sweet Potatoes Wax Beans Fruit Cup	27 Salisbury Steak Diced Potatoes Green Peas Pudding Cup	28 Chicken Cordon Bleu Broccoli Cookie	29 Beef Ravioli Toss Salad Fruit Cup